Confidential Questionnaire

Women's Health Screening

Name_____ Birth Date_____ Today's Date_____

Address_____ City_____ State_____ Zip_____

Phone Number (home)_____(cellular)_____(work)_____

E-Mail Address_____Referring Physician_____

All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.

Head & Neck

	YES	NO
1. Do you suffer with headaches?	○	○
If yes, ○ once a month or less ○ more than once a month		
2. Do you have allergies?	○	○
3. Do you have TMJ or does your jaw click?	○	○
4. Do you currently have a cold?	○	○
5. Are you being treated for a thyroid disorder?	○	○
6. Do you have neck pain?	○	○
7. Do you have upper back pain?	○	○
8. Do you have a history of carotid artery disease?	○	○
9. Do you have a family history of stroke?	○	○
10. Do you currently suffer with sinus problems?	○	○

Do you have any special concerns or are there any details related to the information above?

Breast

Is there a specific reason or concern for this exam?

1. Have you recently had any of these breast symptoms?

	LEFT	RIGHT
Pain/Tenderness	○	○
Lumps	○	○
Change in breast size	○	○
Areas of skin thickening or dimpling	○	○
Excretions of the nipple	○	○

	YES	NO
2. Are any of the above symptoms cycle related?	○	○
3. Are you still having your periods?	○	○
If yes, date of last period_____		
4. Have you had a surgical hysterectomy?	○	○

If yes, date_____ ○ Complete ○ Partial

Reason for hysterectomy?

○ Excess bleeding ○ Endometriosis ○ Fibroid cysts ○ Cancer ○ Other

5. Has anyone in your family ever been treated for breast cancer?	○	○
If yes, note age and survival ○ Mother ○ Grandmother ○ Siste ○ Daughter		
6. Have you ever been diagnosed with breast cancer?	○	○

If yes, date_____

Cancer type	○ Local	○ Metastatic	○ Lymph node involvement	
Left breast	○ Inner	○ Outer	○ Nipple	
Right breast	○ Inner	○ Outer	○ Nipple	
Treatment	○ Surgery	○ Chemo	○ Radiation	○ None

7. Have you ever been diagnosed with any other breast disease?	○	○
If yes, ○ Cysts/fibrocystic ○ Mastitis/inflammatory breast disease		
8. Have you had any cosmetic breast surgery or implants?	○	○

If yes, date_____ ○ Silicone ○ Saline

Experience ○ Problems ○ No problems

Breast ***(continued)***

	YES	NO
9. Have you ever had any biopsies or any other surgeries to your breasts?	○	○

*If yes, date*_____

Left breast	○ Inner	○ Outer	○ Nipple
Right breast	○ Inner	○ Outer	○ Nipple
Results	○ Negative	○ Positive	○ Calcifications

10. Have you ever taken contraceptive pills for more than one year?	○	○
If yes, ○ Currently ○ Less than 5 years ○ More than 5 years		
11. Have you had pharmaceutical hormone replacement therapy (HRT)?	○	○
If yes, ○ Currently ○ Less than 5 years ○ More than 5 years		
12. Do you have an annual physical examination by a doctor?	○	○
13. Do you perform a monthly breast self exam?	○	○
14. Have you ever smoked?	○	○
15. Have you ever been diagnosed with diabetes?	○	○

16. Date of your last mammogram_____ Were you re-called?_____
17. How many mammograms have you had in total?_____
18. Your age at your first mammogram?_____
19. Number of full term pregnancies?_____
20. Your age at birth of your first child?_____
21. Age when you started your period?_____

Do you have any special concerns or are there any details related to the information above?

Chest, Heart & Lungs

	YES	NO
1. Have you been diagnosed with:		
Heart disease?	○	○
Lung disease?	○	○
Upper spine disorders?	○	○
2. Do you suffer with upper back pain?	○	○
3. Do you suffer with chest pain?	○	○
4. Have you ever had surgery to your:		
Heart?	○	○
Lungs?	○	○
Mid to upper back?	○	○
5. Do you have asthma or shortness of breath?	○	○
6. Do you currently smoke?	○	○
7. Have you smoked in the past 5 years?	○	○

Do you have any special concerns or are there any details related to the information above?

Abdomen & Lower Back

	YES	NO
1. Do you suffer with acid reflux?	○	○
2. Do you have pain in the:		
Stomach?	○	○
Below the right breast?	○	○
Below the left breast?	○	○
Abdomen?	○	○
Lower back?	○	○

3. Have you had surgery or disease in the:

	YES	NO
Stomach?	○	○
Spleen? Left upper quadrant	○	○
Liver? Right upper quadrant	○	○
Kidneys?	○	○
Intestines?	○	○
Abdomen?	○	○
Lower back?	○	○

Do you have any special concerns or are there any details related to the information above?

Is there any other information or concerns you wish to convey?

Procedure: *You will be imaged with a state of the art infrared imaging camera in comfortable and controlled surroundings. Your thermal imaging baseline reports will provide information about current and future conditions only and does not diagnose breast disease. Thermal imaging should be correlated with other medical investigative methods to better direct definitive testing for diagnosis and treatment. It does not replace any other breast examination.*

Patient Disclosure: *I understand that the report generated from my images is intended for use by a trained health care provider to assist in evaluation and treatment. I further understand that the report is not intended to be used by myself for self-evaluation or self-diagnosis. I understand that the report will not tell me whether, I have any illness, diseases, or other conditions, but will be an analysis of the images with respect only to the thermographic findings discussed in the report.*

By signing below, I certify that I have read and understand the statement above and consent to the examination.

Patient Signature_____Date_____

How did you hear about us?_____

Acupuncture & Natural Healing Center
Barbara Thurman, A.P., D.O.M, C.C.T
Nationally Certified Florida Licensed
Acupuncture Physician
Certified Clinical Thermographer

Patient Information: Breast Screening with Digital Infrared Thermal Imaging (DITI) -Thermography.

Purpose of the Test: Early Detection of abnormal changes in the breasts.

Who Performs the Test: A Certified Clinical Thermographer

Patient Preparation:

Do not smoke for 2 hours before the test, **do not** use lotions or powder on your body the day of your test, avoid sun exposure on the day of the test. **Do not** wear deodorant or antiperspirant. **Do not** have massage, physical therapy, saunas, hot tub or exercise sessions before the test.

Diet: Do not have caffeine 2 hours before the test.

Medicines: Beta blockers and anti-inflammatory medications may affect the test. Avoid using these the day of the test.

Disrobing: Remove all upper body clothing and jewelry. Put on the surgical gown supplied. Inform you thermographer if you have had any recent skin lesions on your chest; the inflammation can cause a false positive result.

How the test will feel: The room air may feel cool on your body as you adjust to room temperature before scanning. Thermography is a totally non-invasive procedure; the camera does not emit radiation of any kind.

Please be on time for your appointment and bring your completed paperwork with you. Make sure you have explained any relevant questions on the back of your forms.

Participation in a DITI early detection program can increase your chance of detecting and monitoring breast disease, as with all other tests, it is still not a 100% guarantee of detection. Breast Thermography is an adjunctive option and is not a stand-alone technology or competitor to other breast health screenings. Additional breast health screening options should be determined by you and your physician.